

**Co-hosted by the  
Campton Historical Society and  
Campton Garden Club**



**Monday, June 21, 2010 at 7:30**

**“Edible Wild Plants and Mushrooms of New England”**  
**Presented by: Russ Cohen**

New England is home to over 150 species of edible wild plants, some of which are more nutritious and/or flavorful than their cultivated counterparts, and dozens of species of edible mushrooms. Join Russ Cohen, expert forager and author of *Wild Plants I Have Known...and Eaten*, for a 60-minute slide show entitled “Edible Wild Plants and Mushrooms of New England”. It covers over 70 of the tastiest species the region has to offer. These range from plants everyone knows well, like Daisies and Dandelions, to plants they may never have even heard of, like Calamus and Carrion Flower. About a dozen of the tastiest (and easiest to recognize) mushroom species are included as well, from Morels in the spring, Black Chanterelles in the summer and Hen of the Woods mushrooms in the fall. Russ will present information for each species on identification tips, edible portion(s), season(s) of availability and preparation methods, along with general guidelines for safe and environmentally-responsible foraging. Russ will also bring along a foraged goodie for people to taste. For more information—forage on his website: <http://users.rcn.com/eatwild/>



The presentation will be at the Old Town Hall in Campton, which is handicap accessible, and open to the public. Refreshments will be served. For information about the Society, check our web site at [www.camptonhistorical.org](http://www.camptonhistorical.org)



**This program will be sponsored by:**  
**Campton Garden Club**

**Upcoming events:** [www.camptonhistorical.org](http://www.camptonhistorical.org) for more information.  
July 31st—Old Home Day  
August 21—Fieldtrip of Cemeteries in Campton