

**Monday, April 18, 2011 at 7:00**

Note that Monday night programs are now starting at 7:00.

## **“Talk About the Appalachian Trail”**

**Presented by: Charles Dona**

Charles Dona lives and works in beautiful Holderness, NH. Currently, he works for MegaPrint in the finishing department.

Charles spends a great deal of his time both recreating and working in the outdoors. He spends much of his spare time fishing, canoeing, hiking, backpacking, biking, skiing, and snowshoeing. His most valued recreational accomplishments involve travel under his own power, including thru-hikes of the Appalachian Trail, Long Trail, and Colorado Trail. He has completed two 50-mile ultra marathons, a marathon on snowshoes, placed second at a 24 hour solo mountain bike race, climbed the highest peak in each New England state and NY in the winter in record time, and climbed each of the 48 four thousand foot mountains in NH twice, including once in the winter months.

His presentation on April 18<sup>th</sup> at the Campton Historical Society is about his 1995 expedition experience of thru-hiking the Appalachian Trail (AT), one of the most challenging thru-hikes in North America. His journey through 14 states, encompassing 2167 miles in 127 days was filled with personal challenges and surrounded by beautiful scenery. Charles will discuss his reasons for taking on the challenge, as well as things he learned, and how he changed as a person. The presentation will consist of slides of the AT's scenery, brief history of the trail, interesting facts about this notorious trail, music and much more.



Jim Shimberg is going to kick things off with a quick slide show from his trip to Morocco. He is a well known rock and ice climbing guide. Learn more about Jim from his web site - [www.rhinoguides.com](http://www.rhinoguides.com)



Baby sitting will be available for kids ages 5 up. Services provided by A+/Campton Rec. Contact Carolee Miot for more information at 254-REDY (7339)



The presentation will be at the Old Town Hall in Campton, which is handicap accessible, and open to the public. Refreshments will be served. For information about the Society, check our web site at [www.camptonhistorical.org](http://www.camptonhistorical.org)

**Upcoming events:** [www.camptonhistorical.org](http://www.camptonhistorical.org) for more information.  
April 16th - Cellar Hole Tour in Campton led by Dr. Steven Hamberg  
May 28th - Spring Concert and Ham & Bean Supper - Live Music by Crunchy Western Boys  
June 11th form 10:00-12:00 - Ceremony to Dispose Flags



This program is sponsored by one of our business partners, the Mountain Fare Inn, on Mad River Road in Campton. Visit them at [www.mountainfareinn.com](http://www.mountainfareinn.com)